

LOCATIONS



BRYLIN BEHAVIORAL HEALTH SYSTEM

LOCATIONS

BRYLIN HOSPITAL:

INPATIENT MENTAL HEALTH CARE FOR CHILDREN, ADOLESCENTS & ADULTS

1263 Delaware Ave., Buffalo, NY 14209 | *P: (716) 886-8200 F: (716) 886-1986*

7 days per week/24 hours per day

Call Admissions Department: 716-886-8200 ext. 2264

Medicare and most insurance plans are accepted. Some Medicaid restrictions may apply.

BRYLIN BEHAVIORAL HEALTH CENTER:

OUTPATIENT MENTAL HEALTH CARE FOR ADULTS

531 Farber Lakes Dr., #201, Williamsville, NY 14221 | *P: (716) 632-5450 F: (716) 632-5327*

Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 5:00pm

Call to Schedule an Assessment: 716-632-5450

Medicaid, Medicare, and most insurance plans accepted.

BRYLIN BEHAVIORAL HEALTH CENTER:

OUTPATIENT SUBSTANCE ABUSE CARE FOR ADOLESCENTS & ADULTS

531 Farber Lakes Dr., #202, Williamsville, NY 14221 | *P: (716) 633-1927 F: (716) 633-6376*

Monday through Thursday 9:00am – 8:00pm | Friday 9:00am – 5:00pm

Call to Schedule an Assessment: 716-633-1927

Medicaid and most insurance plans accepted.

www.brylin.com

ELECTROCONVULSIVE THERAPY (ECT)



BRYLIN BEHAVIORAL HEALTH SYSTEM

ELECTROCONVULSIVE THERAPY (ECT)

INPATIENT & AMBULATORY ECT

At BryLin Hospital, we offer this safe and effective treatment while adhering to the highest standards of practice. Our compassionate staff will ensure you are well-informed and will provide excellent care throughout your treatment.

WHAT IS ELECTROCONVULSIVE THERAPY (ECT)?

Electroconvulsive Therapy (ECT) is a procedure in which electric currents are passed through the brain, intentionally triggering a brief seizure. ECT can alleviate symptoms of some mental illnesses by changing brain chemistry, often in a short period of time. This therapy often works when other treatments are not successful.

IS ECT RIGHT FOR ME?

Electroconvulsive Therapy (ECT) has been very effective in treating the following mental illnesses:

- Severe Depression
- Treatment-Resistant Depression
- Severe Mania
- Agitation and Aggression in people with dementia
- Catatonia
- and other mental illnesses.

IN SOME CASES, ECT IS ALSO USED:

- During pregnancy, because medications are contraindicated
- In older adults who cannot tolerate side effects of medications
- In people who prefer ECT treatments vs. taking medications
- When ECT has been successful in the past

ECT is the most effective and rapidly acting treatment that we have today. Remission, which is the likelihood of having complete resolution of symptoms, is reported to range from 70-90% with ECT (much more effective than any medication we have at present, which typically have remission rates around 20-30%). *

*(Sarah Hollingsworth Lisanby, MD, Professor and Chair, Department of Psychiatry and Behavioral Sciences, Director, Brain Stimulation and Neurophysiology Center, Duke University School of Medicine)

CALL TODAY FOR MORE INFORMATION ON ECT

1263 Delaware Ave., Buffalo, NY 14209

P: (716) 886-8200 F: (716) 886-1986 | 7 days per week/24 hours per day | Call the ECT Department: 716-886-8200 ext. 2219

Medicare and most insurance plans are accepted. Some Medicaid restrictions may apply.

www.brylin.com

OUTPATIENT SUBSTANCE ABUSE CARE



BRYLIN BEHAVIORAL HEALTH SYSTEM

SUBSTANCE ABUSE CARE

OUTPATIENT SUBSTANCE ABUSE CARE FOR ADOLESCENTS & ADULTS

BryLin's Outpatient Substance Abuse treatment program is designed to help clients who are struggling with a Substance Use Disorder (SUD) achieve a healthy, productive, and fulfilling lifestyle, without the use of alcohol or drugs. This is accomplished through the use of Evidence-Based Treatments, such as; Motivational Interviewing, Cognitive Behavioral Therapy (CBT), and DBT/DBT-S, in both individual and group counseling.

Our Adult Substance Abuse Programming, for individuals 18 years of age and older, follows a medical model of treatment which is based on the disease concept of addiction. Our Adolescent Recovery Treatment Track has been specifically developed for the adolescent presenting with a Substance Use Disorder. Family participation is required.

OUTPATIENT ADDICTION PROGRAMMING FEATURES:

- Recovery from Opiates
- Introduction to Recovery
- Early Recovery
- Relapse Prevention
- Adolescent Groups
- Young Adult (18-25yoa) Groups
- Women's and Men's Groups
- Meditation & Relaxation in Recovery
- Co-Occurring Groups
- Professional Groups
- Mindfulness/DBT-S

FREE weekly family groups are available every Monday from 6-7pm.

The family group setting is designed to be educational and supportive for adult family members, and concerned others, who have a loved one dealing with addiction. The group is run by a licensed professional and tailored to the needs of those in attendance. Anyone interested in attending, need only come to the clinic on Monday at 6pm. Feel free to call if you have questions.

Our Impaired Drivers Program is for individuals charged with or convicted of an impaired driving offense who require clinical screening and assessment. Our counselors work closely with attorneys and the DMV during the process of evaluation and, if necessary, treatment.

We encourage all our clients to participate in self-help groups in the community while participating in treatment and continuing once treatment has been completed.

For more information call 716-633-1927.

OUTPATIENT MENTAL HEALTH CARE



BRYLIN BEHAVIORAL HEALTH SYSTEM

OUTPATIENT MENTAL HEALTH CARE

OUTPATIENT MENTAL HEALTH CARE FOR ADULTS

BryLin's Outpatient Mental Health program is designed to help adults, 18 years of age and older, who may be struggling with a wide variety of mental health concerns. Our focus is on overall wellness with counseling centered on: symptom reduction and management; skill building; coping skills development; and support.

We have a multidisciplinary team of psychiatrists, psychiatric nurse practitioners, licensed clinical social workers and other mental health care professionals all working together to deliver compassionate and supportive care in an environment that respects dignity and independence.

OUR RANGE OF OUTPATIENT MENTAL HEALTH CARE INCLUDES:

- Psychiatric Evaluation/Assessment
- Individual and Group Therapy
- Medication Management
- Crisis Intervention
- Dual Diagnosis (Integrated treatment for individuals with both mental health and substance abuse concerns)
- And more...

THERAPIES INCLUDE:

- Anxiety, Depression and Stress Management
- Trauma
- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Eye Movement Desensitization Reprocessing (EMDR)
- Emotion Regulation/Mindfulness Skills
- And more...

CALL TODAY TO SCHEDULE AN EVALUATION

BryLin Behavioral Health Center: Outpatient Mental Health Care for Adults

531 Farber Lakes Dr., #201, Williamsville, NY 14221

P: (716) 632-5450 F: (716) 632-5327 | Monday through Thursday 8:00am – 8:00pm | Friday 8:00am – 5:00pm

Call to Schedule an Assessment: 716-632-5450

Medicaid, Medicare, and most insurance plans accepted.

www.brylin.com



BRYLIN BEHAVIORAL HEALTH SYSTEM

INPATIENT MENTAL HEALTH CARE

INPATIENT MENTAL HEALTH CARE FOR CHILDREN, ADOLESCENTS & ADULTS

In some severe cases, mental health disorders such as depression, bipolar disorder, anxiety, post-traumatic stress disorder (PTSD), and having psychotic symptoms like hallucinations or delusions can best be helped by inpatient psychiatric treatment. Hospitalization may be needed to allow for a person to be closely monitored to provide accurate diagnosis, to help adjust or stabilize medications, or during an acute episode where a person's mental illness temporarily worsens.

BRYLIN HOSPITAL'S CHILD & ADOLESCENT PROGRAM:

- Individualized treatment plan based on patient strengths.
- Behavior modification
- Group therapy, focusing on skill building, based on the physical and social needs of the patient.
- Alternative Treatment Options, including Yoga, Drumming, Pet Therapy, and more.
- Individual counseling.
- Specialized Programming geared towards the developmental age and needs of the child.
- Other groups may include: art, movement, recreation, play, poetry, music or storytelling.
- Academic needs are individually assessed while daily programming is provided by our Educational Coordinator, a New York State certified teacher.

BRYLIN HOSPITAL'S ADULT PROGRAM:

- Psychiatric and medical assessment
- Medication management
- Individual and specialized group therapy
- Women's & Men's Programming
- Holistic Treatment Options (Yoga, Massage, Tai-Chi, Drumming, pastoral care & more)
- Dual Diagnosis/MICA Treatment (Mentally Ill Chemically Addicted)
- Recreational activities, art therapy, a variety of educational groups, and more.

CALL TODAY FOR A PHONE ASSESSMENT

1263 Delaware Ave., Buffalo, NY 14209

Phone: (716) 886-8200 F: (716) 886-1986 | 7 days per week/24 hours per day | Call Admissions Department: 716-886-8200 ext. 2264
Medicare and most insurance plans are accepted. Some Medicaid restrictions may apply.

www.brylin.com